

Rhythm Shakers

These DIY rhythm shakers are easy, fun to make and are the perfect homemade musical instruments for kids and adults to make!

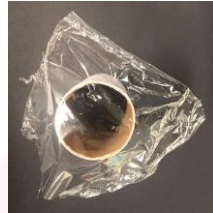


Resources Required:

Cardboard Roll or Empty Box
Sticky Tape
Scissors
Colour Paper
Additional Craft Supplies for Decorating

Uncooked Rice, Pasta or Beads/Small Rocks
Glue
Cling Wrap
Pencils / Markers

Instructions:



Cut one piece of cling wrap so that it fits over the end of the cardboard roll.

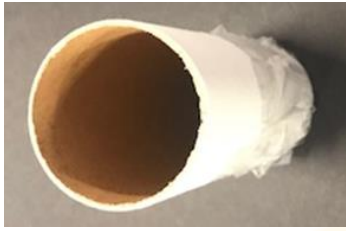
Use tape to stick down the cling wrap to the side of the cardboard roll so that the hole at the top of the cardboard roll is completely covered.



Now we need to select what you will put in your shaker to make sound. You can use many items that are found around the house or even out in the garden (please ask an adult before going outside).

Once you have selected what you would like to place into your shaker for sound, pour 2 tablespoons of it into the cardboard roll at the open end.

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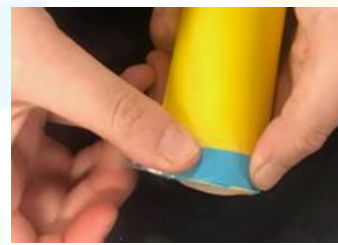
Stand your cardboard roll up so that the open part of the roll is facing up.
Repeat step 1 and 2 to ensure that the contents inside your cardboard roll cannot escape out.



It is now time to decorate our shaker! There are many ways you can decorate your shaker. For our shaker chosen to cover our shaker in coloured paper to start – but you can use anything you want!



Place your shaker onto the paper and wrap the paper around so that it covers the shaker. Once the sheet of paper is rolled all around the shaker use a piece of tape to stick it down



To continue decorating our shaker we have cut a strip of paper, rolled it around the top of our shaker and placed a piece of tape at the end of the blue strip so that it is stuck to the shaker.



We then repeated step 8 at the other end of our shaker so that we have one blue strip at each end.



Decorate with items from around the home or outside. Examples could include glitter, foil, markers/pencils, leaves or recycled materials.

What if I don't have a cardboard roll at home?

If you don't have a cardboard roll you could use a paper cup, water bottle, paper plate or wooden box



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